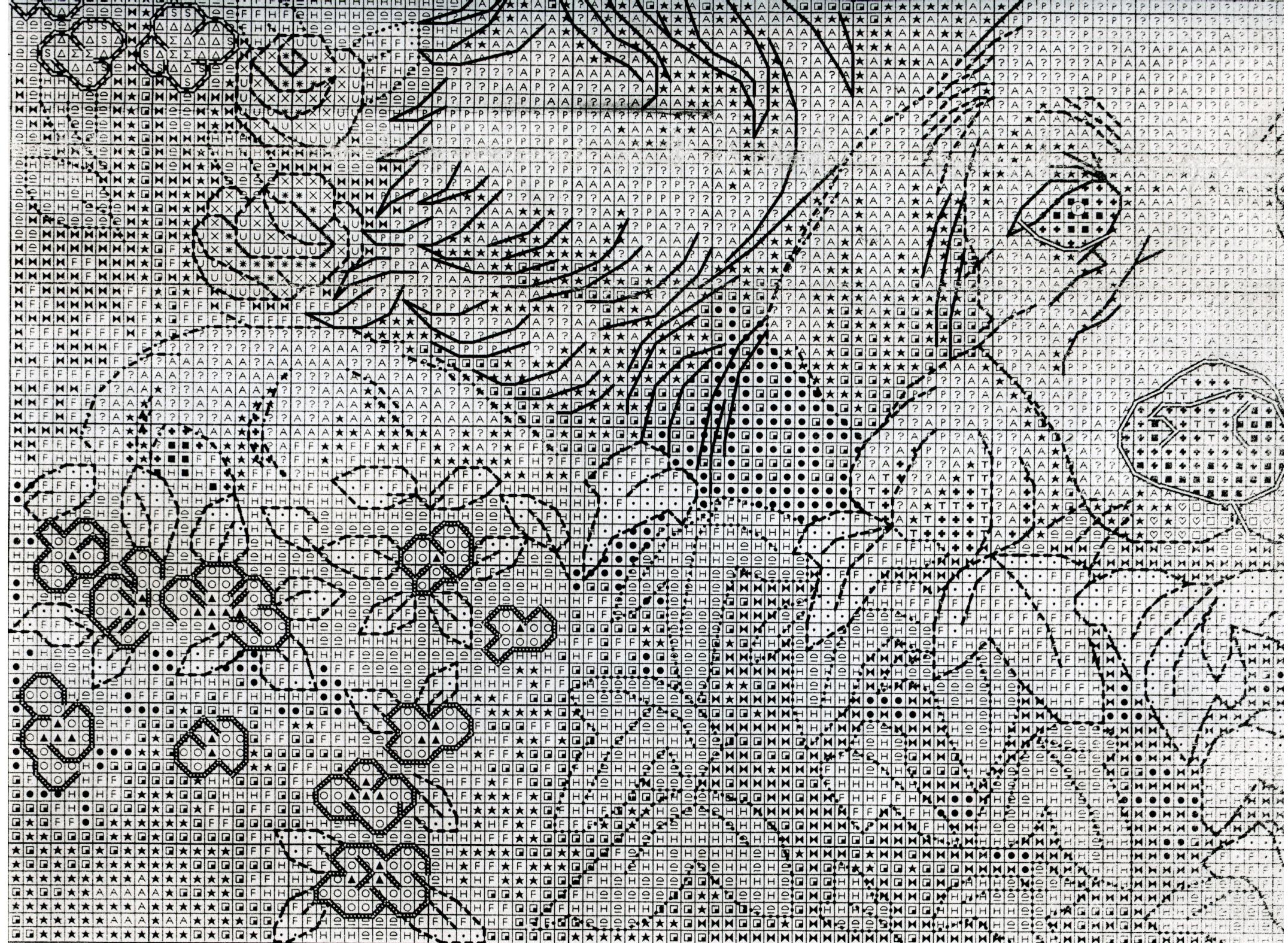


Aida 14
Sewline



use 2 strands

SHADE	MTRS	SHADE	MTRS					
U	8	3	375	10				
X	33	3	●	381	3			
*	39	2	○	386	16			
○	109	2	P	392	2			
▲	119	2	■	403	2			
T	235	2	+	868	2			
+	236	2	F	942	11			
F	253	10	?	265	10	A	943	13
H	267	9	Σ	1007	2			
□	269	8	△	1013	2			
•	292	4	□	1086	2			







Backstitch

use 1 strand

SHADE MTRS

95 2

235

SHADE

253

359

SHADE

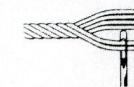
386

943

1007

	269	8		1013	2
	292	4		1086	2
	359	8			

Half Cross Stitch



use 2 strands

SHADE	MTRS	SHADE	MTRS
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	159	4		870	3
--	-----	---	--	-----	---

	214	2		879	2
--	-----	---	--	-----	---

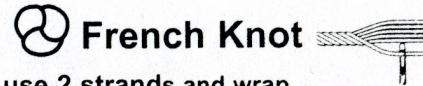
	216	2		1018	2
--	-----	---	--	------	---



SHADE MTRS

use 1 strand

	128	3
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French Knot

use 2 strands and wrap
around the needle twice

SHADE

	386
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Anchor

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